

Parkview Workplace Wellness is now partnering with Applied Health Analytics to provide a Wellness portal to our external clients. Within the new portal, you can take the Health Risk Assessment and schedule your wellness screening and consultation appointment.

To activate your new Wellness portal account

For participants:

1. Go to the Wellness portal login page
2. Click “Get Started”
3. Enter your last name as it appears in Human Resources records
4. Enter your date of birth
5. Enter your employee ID number or the last 4 digits of your SNN
6. At the prompt, create your own username and password

If you forget your username and/or password, use the “Forgot Username” and/or “Forgot Password” link(s) found on the Wellness portal login page.

Navigating through your Parkview Workplace Wellness portal is a seamless process allowing individuals to complete all requirements for their wellness screening and consultations in one convenient place.

Getting Started Screen/Login Screen

When individuals click on the company specific URL, it will navigate them to the login screen. If they have not created a username and password through the portal, they will click “Get Started” at the bottom of the login screen. This will take them to a Verification screen, where they will input their information (matching what is sent over on the eligibility file). Once the verification process is complete, they will be able to create a username and password. If they have already created a username and password through the portal, they will be able to login and access all wellness screening information and register for events.

Login Screen:

PARKVIEW HEALTH

Welcome

If you already have a username and password, enter them below to log into your account.

Username

Password

Please drag or tap the slider below to unlock.

Locked

[Forgot Username?](#) or [Forgot Password?](#)

LOG IN

Don't have an account? [Get started!](#)

need help? ☎ (855) 581-9910 | ✉ helpdesk@appliedhealth.net
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Getting Started Screen:

PARKVIEW HEALTH

Verification

Fill out the form below to help locate and verify yourself so your account can be created.

First Name Last Name

Email Address

Date of Birth
mm / dd / yyyy Zip Code

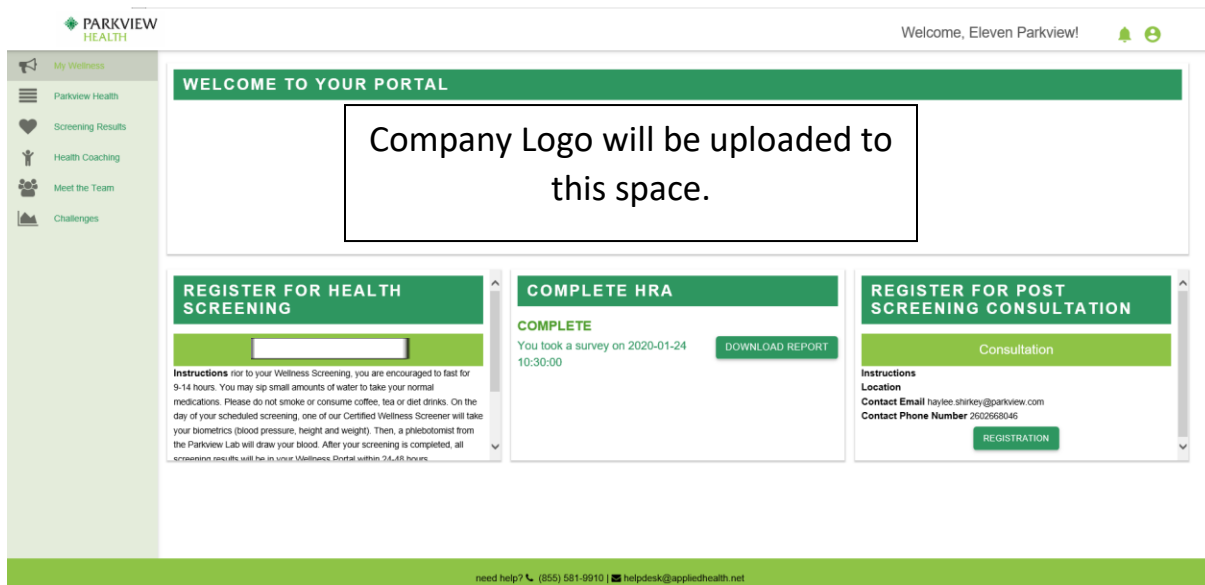
Last 4 of SSN, Employee ID, or PIN

VERIFY Cancel

need help? ☎ (855) 581-9910 | ✉ helpdesk@appliedhealth.net
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Home Screen

When individuals log into the portal, they will always begin on the Home Screen. The Home Screen provides an overview of the components of the companies' wellness portal. This will be customized to match the options the company has decided to offer to individuals.



Register for a Screening:

Through the wellness portal, individuals can register for their wellness screening. They will be able to select the screening location, date, and time that works best for their schedule and complete the registration process. Once they have registered for an event, they will receive a confirmation email (if they have an email set up in their profile) that includes a calendar invite. If they need to reschedule or cancel their appointment, they can log into the portal and complete this the same way that they registered for the event.

Prior to submitting your event registration, please confirm the personal information below is correct.

Your Contact Information
Name: Hannah Banana
Email:

Event Contact
Phone: (260) 265-8048
Email: haylee.shirkey@parkview.com

Instructions
Prior to your Wellness Screening, you are encouraged to fast for 9-14 hours. You may sip small amounts of water to take your normal medications. Please do not smoke or consume coffee, tea or diet drinks. On the day of your scheduled screening, one of our Certified Wellness Screeners will take your biometrics (blood pressure, height and weight). Then, a phlebotomist from the Parkview Lab will draw your blood. After your screening is completed, all screening results will be in your Wellness Portal within 24-48 hours.

REGISTRATION

Please select a registration date

March 2020						
SU	MO	TU	WE	TH	FR	SA
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

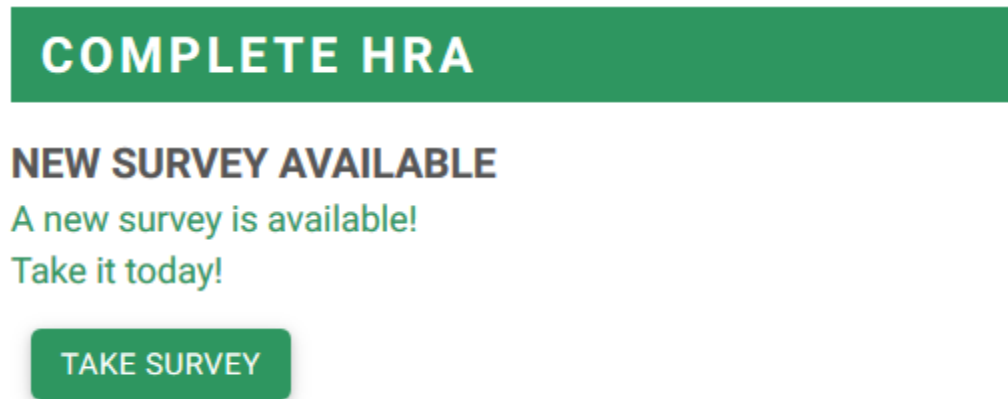
Past and Current Registrations

RESCHEDULE **CANCEL**

Complete a Health Risk Assessment

Individuals can complete their Health Risk Assessment as soon as they have access to their wellness portal. To complete their Health Risk Assessment, individuals will click “Take Survey” within the “Complete HRA” widget on the Home Screen.

This option is only available for companies that choose to have their individuals complete a Health Risk Assessment.



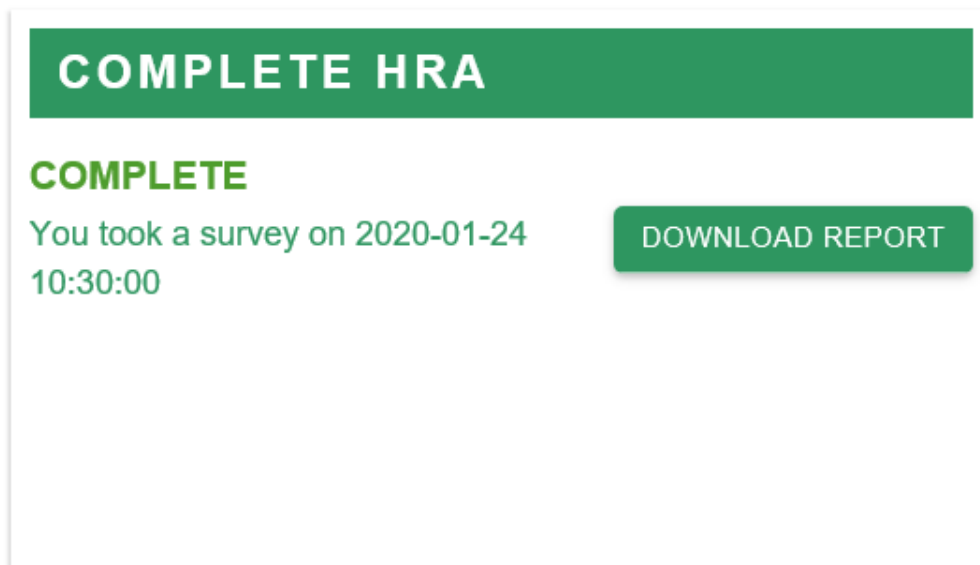
COMPLETE HRA

NEW SURVEY AVAILABLE
A new survey is available!
Take it today!

TAKE SURVEY

View Health Risk Assessment Report

Once individuals have completed their Health Risk Assessment, they can download a comprehensive report to review their results and gain further information and education on a specific topic.



COMPLETE HRA

COMPLETE
You took a survey on 2020-01-24
10:30:00

DOWNLOAD REPORT

Register for a Consultation Appointment

Through the wellness portal, individuals can register for their wellness consultation. This takes place after they have completed their wellness screening. Our Parkview Wellness Coach(es) will be onsite to review your results with you and provide you with your comparative data from past years if applicable.

They will be able to select the consultation location, date, and time that works best for their schedule and complete the registration process. Once they have registered for an event, they will receive a confirmation email (if they have an email set up in their profile) that includes a calendar invite. If they need to reschedule or cancel their appointment, they can log into the portal and complete this the same way that they registered for the event.

This option is only available for companies that choose to offer consultations to individuals that participate in the wellness screening.

Consultation

Prior to submitting your event registration, please confirm the personal information below is correct.

Your Contact Information
Name: Eleven Parkview
Email:

Event Contact
Phone: (260) 266-8046
Email: haylee.shirkey@parkview.com

REGISTRATION



Please select a registration date


March 2020						
SU	MO	TU	WE	TH	FR	SA
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

Past and Current Registrations

View Screening Results

Within 24-48 hours of an individual completing their wellness screening, they will have access to their biometric and lab results within their wellness portal. To view their results, they will click “Screening Results” on the left navigation bar. They will see a screen like the one below. They can download a report of their values by clicking “Download Reports” under Health Summary. They can also view past years data if applicable by selecting a different year under Health Summary.

PARKVIEW HEALTH Welcome, Eleven Parkview!  

HEALTH SUMMARY Download Reports 

Surveys - 2019 ▼

HEALTH SCORE

- BIOMETRIC: 14%
- FINANCIAL: 75%
- AWARENESS: 50%
- WHOLE HEALTH: 21%

BIOMETRIC RESULTS | **RISK SCORES** | **EMOTIONAL HEALTH** | **MODIFIABLE BEHAVIOR**


[Click to View Trended](#)

8.2 A1c	106 Blood Glucose	130 / 76 Blood Pressure
2 Cotinine	50 HDL Cholesterol	2.18 HDL Ratio
13 LDL Cholesterol	3.85 LDL Ratio	93 Mean Arterial Pressure
22 Percent Body Fat	109 Total Cholesterol	319 Triglycerides
38 Waist Circumference		

HRA STATUS

COMPLETE
You took a survey on 2020-01-24 10:30:00 [DOWNLOAD REPORT](#)

MYCHART



RELEASE YOUR LABS

